

42-44 Albert Rd.
Glasgow G42 8DN

0141 424 4523
info@thewell.org.uk
www.thewell.org.uk

The Well

Multi-Cultural Resource Centre

Dear Friend of The Well,

In the busyness of life of The Well, it's easy just to "keep going", but every so often something happens which causes you to stop, reflect, pray and maybe give thanks. Mr Ahmed's comment on the right is one such occasion. *Kirsty's post on Facebook the other day was another:

"Yesterday I saw Ken Loach's '*I, Daniel Blake.*' It broke me.

It should be compulsory viewing for every single MP, policy maker, DWP employee, and those assessment centre 'healthcare professionals'... heck it should be compulsory viewing for everyone.

It was made all the more heartbreaking for me by my experiences at The Well these past couple of months. Let me tell you, the senseless, rigid and often cruel nature of the system and the compassion, kindness and fabulous sense of humour of so many of the individuals caught up in and let down by it are so accurately portrayed.

Yesterday afternoon a precious lady who often comes to us for help gave me this necklace as a leaving gift, along with some homemade pakora. I almost cried right there. We promised to remember one another and pray for each other. S, I promise you I will. I don't know how to change the system and I fear there could be much worse yet to come. But I know that injustice, indifference and selfishness will not win out in the end. I know there are so many who care and who fight. And I will pray with hope."



*Kirsty is leaving us to work with a church in Vienna.

"Everyone in The Well is cheerful and helpful and always polite. Having thought about it, I know that it is because everything in The Well comes from one seed and that seed is the Truth, and from that one seed everything branches out."

Mr Ahmed



"I am the way, the truth and the life."
John 14:6

"I am the vine and you are the branches. Those who remain in me and I in them, will produce much fruit. For apart from me you can do nothing."
John 15:5

PRAYER

How can we pray for you? Please send us prayer requests, if you would like us to include you in our daily prayer time.

PRESENT

A retired volunteer, Nancy, had a significant birthday recently, and suggested donations to The Well instead of gifts. Over £400!
Thank you Nancy!

PARTNERSHIP

We are exploring partnerships with other likeminded organisations, please pray that God would guide on these.

We recently received funding from a local church to run a series of Parenting Classes for our “Bubbles” mums.

We’ve had a great time with a group of Pakistani and Romanian mums and their children. They are consistently surprised when the very first session is about “Looking after yourself.” But it’s lovely when they report back the next week of how much they appreciated “going for a walk” or “enjoying a book and a cup of hot tea.”

We have run these courses several times now, and the session on “words and labels” always touches hidden pain that people have carried for years, and we have the opportunity to listen to women explore their own childhood hurts and pray for healing for them.



*Every session ended with messy play that both mums and their children took part in. I can still hear *Malik laughing heartily as he ‘painted’ the tin foil. His mum enjoyed it too!*

**Name changed*



Every day we are thanked at least **20** times. The importance of The Well and its work can not be over emphasised.

You, our valuable prayer partners and supporters and just as important to this work as those who work in The Well, whether as a volunteer or paid member of staff. And so I would like to pass on our service users’ thanks to you. You don’t get to hear it, nor see the gratitude in their faces. You don’t have the first hand experience of seeing the difference you make - but without you this work could not and would not happen.

Whatever role you play whether as volunteer, board member, prayer partner, financial supporter, staff - your part is deeply appreciated and vitally important to the ongoing success of The Well.

“I love being a volunteer and helping people!”

“I always know my problems are solved when I come here!”

“You people are doing a great job. Wonderful!”

17 ethnicities came into The Well this week!

Rhoda & all at The Well